



**EQuip Kids**

**EQ INSTITUTE FOR CHILDREN**

[Committed to Enhancing  
Emotional Intelligence of Children]

Activities :

- \* 'EQ' TESTING
- \* CHILD 'EQ' CLINIC
- \* 'EQ' PARENTING WORKSHOP
- \* CHILD 'EQ' ENHANCEMENT CENTER



203/B3, RAUNAK PARK, POKHRAN ROAD NO. 2, THANE (WEST). • [www.equipkids.net](http://www.equipkids.net) • Tel.: 2534 4851 • Mob.: 9820127938

## *'Empathy to Resilience'*

Learn the basic survival skills through fun games & activities.

Welcome to the exciting world of Emotional Intelligence (EQ)

**EQuip Kids**, Thane is pleased to announce the commencement of an EQ Camp for children in the age group 10 to 15 years.

*During the camp, the children will undergo 'experiential learning' about following Emotional Intelligence skills*

- *Identify how various emotions are caused and how we can be affected by the emotion*
- *Impulse control and management of emotions – anger, sorrow, fear, frustration and disappointment*
- *How to motivate oneself when times are tough*
- *Optimism skills*
- *Learn the importance of making friends and the ways to develop long-lasting friendships*

*The camp module is based on unique, scientifically proven module adapted from world renowned Emotional Intelligence Curriculum called 'Self Science'*

### *Details of the camp:*

*Date: From April 21 to 25, 2008 (daily 3hours)*

*Location: Kaushalya Medical Foundation, near Nitin Company*

If you wish to enroll your child for this camp and enable him / her be better equipped to face the world & maintain Emotional Health, contact us at: 9820069249