



EQuip Kids

EQ INSTITUTE FOR CHILDREN

[Committed to Enhancing
Emotional Intelligence of Children]

Activities :

- * 'EQ' TESTING
- * CHILD 'EQ' CLINIC
- * 'EQ' PARENTING WORKSHOP
- * CHILD 'EQ' ENHANCEMENT CENTER



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'Empathy to Resilience'

Learn the basic survival skills through fun games & activities.

Welcome to the exciting world of Emotional Intelligence (EQ)

EQuip Kids, Thane is pleased to announce the commencement of an EQ Camp for children in the age group 10 to 15 years.

During the camp, the children will undergo 'experiential learning' about following Emotional Intelligence skills

- *Identify how various emotions are caused and how we can be affected by the emotion*
- *Impulse control and management of emotions – anger, sorrow, fear, frustration and disappointment*
- *How to motivate oneself when times are tough*
- *Optimism skills*
- *Learn the importance of making friends and the ways to develop long-lasting friendships*

The camp module is based on unique, scientifically proven module adapted from world renowned Emotional Intelligence Curriculum called 'Self Science'

Details of the camp:

Date: From April 27 to 1st May, 2009 (8 am to 11 am daily 3hours)

Location: Kaushalya Medical Foundation, near Nitin Company

If you wish to enroll your child for this camp and enable him / her be better equipped to face the world & maintain Emotional Health, contact us at: 9820069249