

ISO 9001-2008 certified



**EQUIP KIDS**

THE EMOTIONAL INTELLIGENCE  
RESEARCH & TRAINING INSTITUTE

Activities :

- \* 'EQ' TESTING
- \* CHILD 'EQ' CLINIC
- \* 'EQ' PARENTING WORKSHOP
- \* CHILD 'EQ' ENHANCEMENT CENTER



203/B3, RAUNAK PARK, POKHRAN ROAD NO. 2, THANE (WEST). • Tel.: 2173 2651 / 58 • Mob.: 9820127938 • Email : suchik@vsnl.net • www.equipkids.net

**‘EMOTIONAL INTELLIGENCE ENHANCEMENT ’**  
**3 MONTHS COURSE FOR KIDS OF AGE GROUP 5-10 YEARS**

**Starting From--**

**DATE—15<sup>th</sup> OCT. 2011 onwards (Every Saturday 9Am to 11Am)**

**VENUE- Mosaic Center, Opp Eden Woods, Pokhran Rd no 2, Thane(w)**

**BATCH of 20 kids only( Age group 5-10 years)**

**METHOD OF TEACHING-Through games,roleplays, audiovisuals etc**

**Kids will learn basic Emotional skills from this course like...**

- 1)**Emotional Literacy**—Learn alphabets and language of emotions  
Emotions vocabulary, constructive way of expressing emotions
- 2)**Managing Emotions**---Dealing with intense emotions like Anger, Fear  
Dissappointment etc
- 3)**Optimism**
- 4)**Social skills**-How to make and keep intimate friends

**Course will be followed by “One day workshop for parents” on EQ**

**For Registration –contact Mrs.Sudha Srikanth 9820069249**

**Or reception counter of shreeprathamesh hospital,vartak nagar, Thane**

**TEAM EQUIPKIDS**